

SCARBOROUGH WOMEN'S CENTRE VOLUNTEER ROLE DESCRIPTIONS SUPPORTIVE MENTOR

Position Title	Supportive Mentor
Program Area	Case Management Service/Support
Reports to	Case Manager
Purpose	To provide 1-to-1 emotional and practical mentoring support to women in life transition who are working towards their goals. Volunteers will be part of a support system to address isolation.
Advantages	<p>Volunteers will:</p> <ul style="list-style-type: none">• Have the opportunity to complete a 7-week training that will provide learning on issues pertaining to empowerment of women.• Learn transferable skills such as active listening, empathy, assessment and referral; build interpersonal communication skills and how to access various community resources.• Learn mentoring skills, which include how to be sensitive and culturally appropriate, client-centered and non-judgmental.• Gain understanding of women's life realities and learn self-care strategies. <p>In addition, all volunteers will be able to attend in-service workshops to enhance learning that can be applied at SWC.</p>
Time Commitment	1-2 hour per week – Flexible (day, evening or weekend) Commitment of 6 months to 1 year
Qualities & Skills	Volunteers will possess excellent communication skills, sensitivity to women's issues, patience, empathy, and be diversity friendly. Will display an understanding of personal strengths and limitations. Having basic knowledge on community services and fluency in diverse languages would be an asset.
Description of Duties	<p>Volunteers Will:</p> <ul style="list-style-type: none">• Increase support system for service users by being available at least once a week at a mutually convenient off-site location.• Will provide appropriate referrals based on needs recognized by the participant.• Report to the Case Manager about any issues of concern.
Training Requirement	Completion of 7 week training provided onsite. Training sessions are offered in Fall, Winter and Spring.

For more information on this position or how to apply to become a volunteer, please contact:
Scarborough Women's Centre – Coordinator of Volunteers
2100 Ellesmere Road
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