

The difference your donation makes!

A donation of:

- ◆ \$50 monthly - \$600 per year - Helps 12 women build self-confidence in an eight-week group.
- ◆ \$35 monthly - \$420 per year - Ensures one woman is supported to achieve her goals through 10 weeks of counselling.
- ◆ \$25 monthly - \$300 per year helps 24 women improve their health through special workshops.

Since 1982 Scarborough Women's Centre has touched the lives of 165,000 women and their children since opening its doors and continues to provide information, education and counselling services.

Women who use the Centre come from all over the globe, and represent diverse ages, ethnicities and economic backgrounds. Many are dealing with issues related to poverty, isolation, abuse, emotional health and newcomer integration.

Women benefit from the experience of learning with others. Many realize that they are not alone in their experiences and that they have many options available to them.

Typically, women report one or more of the following outcomes after using the Centre's services:

- ◆ Developed a plan to safely leave an abusive situation
- ◆ Left an abusive situation
- ◆ Built marketable skills
- ◆ Obtained employment
- ◆ Started a business

November 2012

Olivia's Story

One day, when Jon had returned after a six-day absence, Olivia made a special dinner for him. Maybe, if I can do just one thing right, she thought, he won't leave me again. But as she poured him a drink, she accidentally spilled water on Jon. He flew into a rage, pushing her away from him and throwing the glass at her. She fell to the floor as Jon screamed at her for being so stupid and clumsy. As he left the table, he kicked her. Fearing for their safety, Olivia and her son slipped out quietly that night and went to a friend's home. Her friend encouraged her to call Scarborough Women's Centre the next day. Olivia found a friendly voice at the other end of the phone. Our staff worked with Olivia as she got social assistance and found a local food bank. They spoke to her about the Centre's counselling services and Olivia began to meet with the Counsellor on a weekly basis for several months. Olivia began to heal physically and emotionally. She attended the Building Self Esteem course at the Centre and other workshops on problem-solving, communication, and goal-setting. She met other women and realized she wasn't alone. Now, with the help of Scarborough Women's Centre, Olivia is back in school studying Early Childhood Education, supporting her son independently.



SCARBOROUGH
WOMEN'S
CENTRE

CORPORATE MATCHING GIFTS



MAKE A MEANINGFUL IMPACT WITH YOUR GIFT

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Fax 416-439-6999
www.scarboroughwomenscentre.ca

Can you help a woman transition out of abuse and make a brighter future for herself and her children while you work?

Yes, you can!



Scarborough Women's Centre is a unique resource centre which provides information, education and support services to assist women as they transition away from abuse, isolation and poverty towards economic and emotional independence.

As a nonprofit organization, we rely on your support to provide programs, counselling and workshops in support of women as they equip themselves with leadership skills enabling them to make positive choices and create independent, violence-free, successful futures for themselves and their families. By donating to Scarborough Women's Centre through matched payroll giving or having your company recognize your volunteer efforts at the Centre with a donation, you will make a significant difference in the community you live in.

INCREASE YOUR FINANCIAL

IMPACT!

Payroll Giving- Some employers match, double, even triple each dollar donated!!!!

Make a difference in a few easy steps:

- ◆ Get a matching gift form from your employer, usually from the Human Resource Department.
- ◆ Select the amount you wish to donate to Scarborough Women's Centre per pay period
- ◆ Your company will take care of the rest!



Benefit to You:

- ◆ You don't have to worry about direct debits or mailing cheques for your donations – it is done automatically each pay cycle by your employer
- ◆ Your total donation amount is included in the payment summary of your paycheque.
- ◆ You will be mailed an official tax receipt for your total annual donation at the end of the year

Benefit to Your Employer:

- ◆ Payroll Giving offers employers a vehicle to build positive non-profit community partnerships.
- ◆ It's easy to set up and low on costs and administration resources.
- ◆ Offering employees options helps to strengthen employee loyalty and retention by boosting staff morale.
- ◆ Community involvement increases your company's visibility within the community!

Put your company to work for you!

Volunteering can help win grants for Scarborough Women's Centre!

Volunteer Grant Programs are charitable giving programs set up by corporations in which the company provides a monetary donation to eligible non-profit organizations as a way to recognize employees who volunteer.



Volunteer Grants are widely offered among larger companies but are catching on with smaller companies too!

For example:

- ⇒ A national bank provides a non-profit grant of \$750 for 50 volunteer hours
- ⇒ An insurance company recognizes employees with a \$1500 grant for 40 hours of volunteering
- ⇒ A local car rental company awards eligible non-profit organizations \$10 for every hour their employees volunteer