

Counselling Services	Contact information	Offers	Waitlist	Requirements	Fee
Scarborough Centre for Healthy Communities	(416)-847-4144 www.schcontario.ca	General counselling, VAW program No Walk-ins	5 weeks	Documented referral	No fee
East Metro Youth Services	(416)-438-3697 www.emys.on.ca	Counselling W/I Mon & Thurs 2-7 Tues & Fri 10-4 Sat 10-1	8 weeks	Ages 12-18 for community counselling No age for W/I	No fee
Tropicana Community Services	(416)-439-9009 www.tropicanacommunity.org	Community counselling services	No waitlist: First come, First Serve	No age or other requirements	Ten-dollar fee (voluntary)
East GTA Family Health Team	(647)-693-7401 www.egtafht.ca	Social Worker, dietitians, occupational therapist, nurses	3 weeks	Referral from a doctor	No fee
Canadian Centre for Victim of Torture	(416)-750-3045 www.ccvt.org	Settlement services, counselling	1 week for initial appointment	Take anybody who is from a war torn country or a refugee claimant, bring photo ID	No fee
Settlement Assistance and Family Support Services	(416)-431-4847 www.safss.org	Counselling for people in abusive situations or newcomers. Offers various languages: Pay for interpreter in any language	No waitlist	Appointment only	No fee
Family Services Toronto	(416)-595-9618 www.familyserVICEToronto.org	General counselling, VAW program Walk-In Services every Wednesday: 3:30-7:30 p.m. Last	VAW: 3 months Gen: 4-5 months	Appointment only	Sliding scale fee for general counselling No fees for

		registration is at 6:15 p.m. - 128A Sterling Road, second floor, suite 202			walk-in counselling
Catholic Family Services Toronto	(416)-921-1163 www.cfstoronto.com	General Counselling. Walk-In on Tuesdays at Central office: 9a.m. and 7p.m. - 1155 Yonge Street, Ste. 101, Toronto Walk-In on Thursdays at North office: 9a.m. and 7p.m. - 5799 Yonge Street, Ste. 300, Toronto	2-3 months waitlist for general counselling services Walk-in services is first come, first serve	No requirements	Counselling fees are charged according to a client's income level.
WoodGreen Community Services	(416)-572-3575 www.woodgreen.com	General counselling	6 months-1 year	No requirements	No Fee
COSTI Immigrant Services	(416)-244-7714 www.costi.org	VAW program (priority, no waitlist) Walk-in	4-6 months	No age or other requirements	Sliding scale fee

*For other services in the Toronto Area, contact the centre: (416)-439-7111
Compiled by Taylor Holtby and Shannyah Graham-Weekes

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