

# NOVEMBER WEBINAR SCHEDULE



**BUILDING  
-STRONG-  
FUTURES**

In response to the physical distancing restrictions Building Strong Futures: Young Women's Outreach program cannot host in person workshops, however we are pleased to offer virtual workshops through WebEx on **Thursdays** from 5-6 PM!

#### **Why attend?**

Not only are these webinars a great way to learn new things and empower yourself, they are also a space where we as young women can come together virtually to create and experience a sense of community.

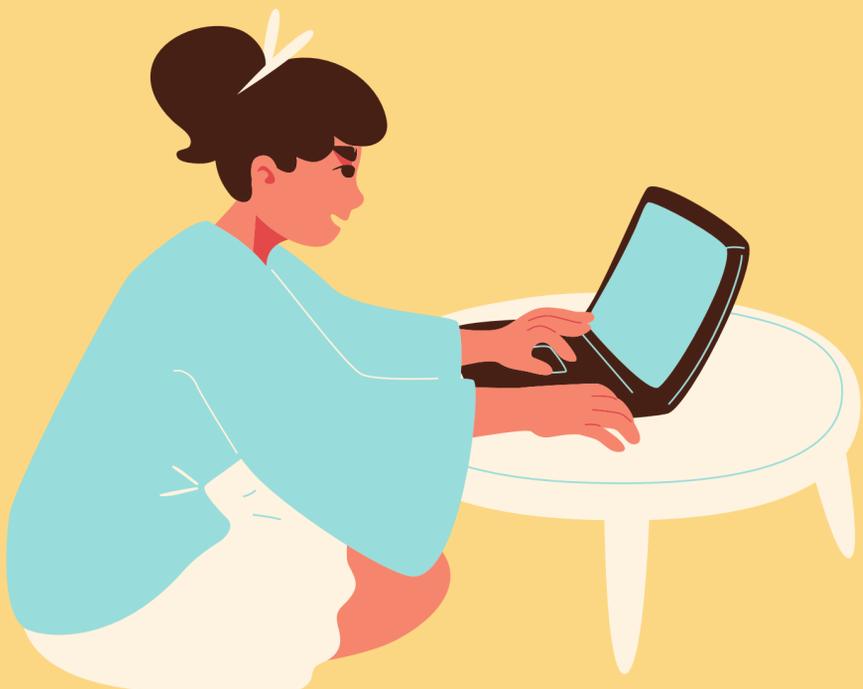
#### **How can I sign up?**

You can sign up by visiting <http://www.scarboroughwomenscentre.ca/young-women/> and filling out the registration form that can be found at the bottom of the page. If you don't have a reliable internet connection, you have the option to call in from your mobile device and listen on your phone. The link to join the meeting as well as call in instructions will be sent to you at the email you provide the day before the webinar is scheduled to take place.

#### **Questions?**

Please email [specialproject@scarboroughwomenscentre.ca](mailto:specialproject@scarboroughwomenscentre.ca) or call 416-439-7111 ext. 4

**Stay tuned for the December webinar schedule!**



# ALL WEBINARS ARE THURSDAY FROM 5-6PM



## THURSDAY NOVEMBER 5TH - BUILDING STRONG FUTURES FOCUS GROUP

This time will be used for participants and those who may be interested in participating in Building Strong Future's to offer their feedback and share any ideas and/or suggestions that they might have in order to improve the program!



## THURSDAY NOVEMBER 12TH - JOB HUNTING 101

Landing your first job can be difficult, especially during a pandemic! This workshop will offer some helpful tips for landing your first job, and supply participants with a number of employment resources.



## THURSDAY NOVEMBER 19TH - BUILDING CONFIDENCE AND DITCHING SELF DOUBT

Self-doubt can get in the way of many things. This workshop will set you up with some useful tools to ditch self doubt and build confidence within yourself.



## THURSDAY NOVEMBER 26TH - THE REAL DEAL ON INTERSECTIONALITY

You may have heard the term "intersectionality" thrown around in a lot of spaces, but do you know where it came from? Do you know who coined the term? This workshop intends to explain intersectionality by exploring its roots.