

### Camps

#### **Salvation Army, Community and Family Services**

Residential Summer Camp For Children

Major Intersection: Don Mills Rd and Eglinton Ave

2085 Ellesmere Rd, Scarborough, ON, M1H 2W6

Phone: 1-800-725-2769

Website: <https://salvationarmy.ca/what-we-do/in-your-community/social-services/camps/>

#### **CAMP TO**

March Break and Summer Camps for kids

Website: <https://www.toronto.ca/explore-enjoy/recreation/campto/>

### Children with Disabilities

**Sunflower Developmental Services** \*Some services are running online and in-person\* (Some programs have a cost)

- After hours-school program
- Summer camp
- Day program

Major Intersection: Markham Rd and Ellesmere Rd

1970 Ellesmere Rd, Unit 1, Scarborough, ON, M1H 2W1

Phone: 416-289-2223

Website: <https://www.sunflowerrcs.com/>

**Variety Village** \*Most programs and services running online\*

- Specialty Programs
- Individual Programs,
- After School Programs
- Fundamental Programs

Major Intersection: Birchmount Rd and Danforth Ave

3701 Danforth Ave, Scarborough, ON, M1N 2G2

Phone: (416) 699 7167

Website: <https://www.varietylvillage.ca>

**Community Living Toronto** \*Programs slowly opening

September 2021 - October 2021\*

Advocates for and provides support and services to children, youth, and adults with an intellectual disability

- Information on childhood programs, school placement, registration, education plans
- Help to access funding and programs
- Development of a plan to ensure consistency between home, school, and community programs
- Residential services

Major intersection: Ellesmere Rd and McCowan Rd

1712 Ellesmere Rd, Scarborough, ON, M1H 2V5

Phone: 647-426-3220

Website: <https://cltoronto.ca>

## Our Mission

Scarborough Women's Centre empowers women to become economically and emotionally independent for future success and to strengthen their local communities, free from violence. The Centre delivers programs and services to promote positive change for women in a safe, inclusive, and welcoming environment.

Scarborough Women's Centre has developed this brochure for women with children who are interested in having their child be a part of extracurricular activities or looking for support in the community. Many of these agencies provide services for the child and their families.

## Contact Us



(416) 439-7111



[www.scarboroughwomenscentre.ca](http://www.scarboroughwomenscentre.ca)



2100 Ellesmere Rd, Suite 245  
Scarborough, Ontario M1H 3B7



SCARBOROUGH  
WOMEN'S  
CENTRE

# CHILDREN'S SUPPORT IN EAST TORONTO



images from unsplash.com

Compiled by  
**SCARBOROUGH  
WOMEN'S CENTRE**

Updated April 2021

## Recreation and Family Programs

**YWCA Toronto** \* Most programs are available online\*

### **Girls' Centre**

- Drop-in center for girls and young women 9-18 years
- Life skills, self-esteem building workshops
- Discussion groups
- Leadership program
- March break and summer camp

**Parenting program for mothers and children** (4-18) years who have witnessed domestic violence

Major intersection: McCowan Rd and Kingston Rd  
3090 Kingston Rd, Suite 101

Scarborough, ON, M1M 1P2

Phone: 416-266-1232

Website: <https://www.ywcatoronto.org>

**Centre for Immigrant and Community Services** \* Some programs are available online\*

- After school program
- Summer camp
- Saturday enrichment classes
- Leadership and life skills training
- Supportive counseling for families

Major intersection: Finch Ave and Kennedy Rd  
2330 Midland Ave,

Scarborough, ON, M1S 5G5

Phone: 416-292-7510

Website: <https://www.cicscanada.com/en/>

**Strides Toronto** -\* Most programs are available online\*

- Individual child and youth counseling;
- Family counseling and counselling for children
- Specialized groups/workshops for children or parents;

Major Intersection: Markham Rd and Sheppard Ave E;

325 Milner Ave, Suite 110

Scarborough, ON, M1B 5N1

Phone: 416-321-5464

Website: <https://stridesutoronto.ca>

### **Malvern Family Resource Centre**

- Afterschool programs
- Middle years center programs for school students
- Summer Camp

Major intersection: Finch Ave and Morningside Ave  
90 Littles Road

Scarborough, Ontario, M1B 5E2

Phone: 416-284-4184

Website: <https://mfrc.org>

**Boys & Girls Club of East Scarborough** \*virtual programs available\*

- Social, educational and recreational programs
- Day camps and homework club
- Leadership training
- Tutoring and mentoring for youth at risk of leaving school

Major intersection: Lawrence Ave and Morningside Ave

4218 Lawrence Avenue East, Unit 15

Phone: 416- 282-7284

Website: <https://www.esbgc.ca>

### **West Scarborough Neighbourhood Community Centre**

\*virtual programs available\*

- Social, educational, and recreation programs
- After school clubs
- Summer day camp

Major intersection: Warden Ave and Finch Ave

2900 Warden Ave, 347 A Scarborough, ON, M1W 2S8

Phone: 416-491-1466

Website: <https://www.wsnc.org>

**Native Child and Family Services of Toronto** \*available to community members by appointment only\*

- After school programming
- Social and recreational activities
- Breakfast program
- Homework club, summer camp, girls group
- Individual and family counseling, addictions counseling

Major intersection: Lawrence Ave and Morningside Ave

156 Galloway Rd, Scarborough

Phone: 416-969-8510

Website: <https://nativechild.org>

### **City of Toronto**

- Sports & Leadership Programs
- AfterSchool Recreation Programs

The City operates high-quality, safe after-school recreation care for children ages 6-12 years old. activities include sports, outdoor play, special events, creative activities, and homework help.

Phone: 416-396-7378, option 1

Website: <https://www.toronto.ca/explore-enjoy/recreation/sports-leadership-programs/>

**Child Development Institute** \*programs available online\* (Some programs have a cost)

- Mental Health Services
- Counseling Services

Major Intersection: Bathurst St and Dundas St West

197 Euclid Ave. Toronto, Ontario M6J 2J8

Phone: 416-603-1827

Website: <https://www.childdevelop.ca>

## Child Abuse Information

### **Children's Aid Society of Toronto**

Call 416-924-4646 to report child abuse or neglect

\* call 416-924-4640, email, or visit the website for information, including adoption information, adoption disclosure, and fostering

#### **Scarborough Branch**

Major intersection: Kennedy Rd and Eglinton Ave  
843 Kennedy Rd

Scarborough, ON, M1K 2E3

Website: <https://www.torontocas.ca/contactus>

Email: AIPereira@TorontoCAS.ca

### **Catholic Children's Aid Society of Toronto** **(office closed, through phone)**

Head Office

Major Intersection: Eglinton Ave and Birchmount Rd  
2206 Eglinton Ave E

Scarborough, ON, M1L 4S7

Phone: 416-395-1500

Website: <https://torontoccas.ca>

## Safety Planning

A safety plan is important to have whether you are in a difficult situation or planning on leaving one. It is key that your children are aware of the safety plan if you suspect they could be in harm as well.

- Identify safe places to go in an emergency. Plan ahead.
- Hide clothing money keys medication and important documents with a trusted family/friend
- Try not to be alone especially when leaving your house, work, or any place the victimizer knows about
- Remain in contact with only the friends/family members you trust
- Carry a mobile phone at all times
- Always be aware of your surroundings
- Ask the neighbors to call the police if they hear loud noises or fighting
- Rehearse your safety plan with your children

If you suspect that your children might be in harm's way, you need to talk to your nearest children's aid society if any of your children under the age of 18 years.