



ANNUAL REPORT 2021



SCARBOROUGH
WOMEN'S
CENTRE

INFORMATION REFERRAL PROGRAM

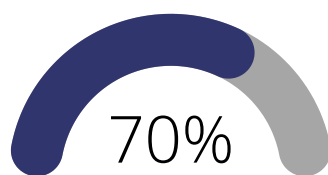
2069 CONTACTS IN TOTAL

1994

Individual Contacts

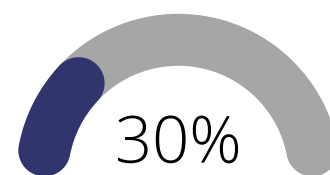
75

Agency Contacts



70%

BY PHONE

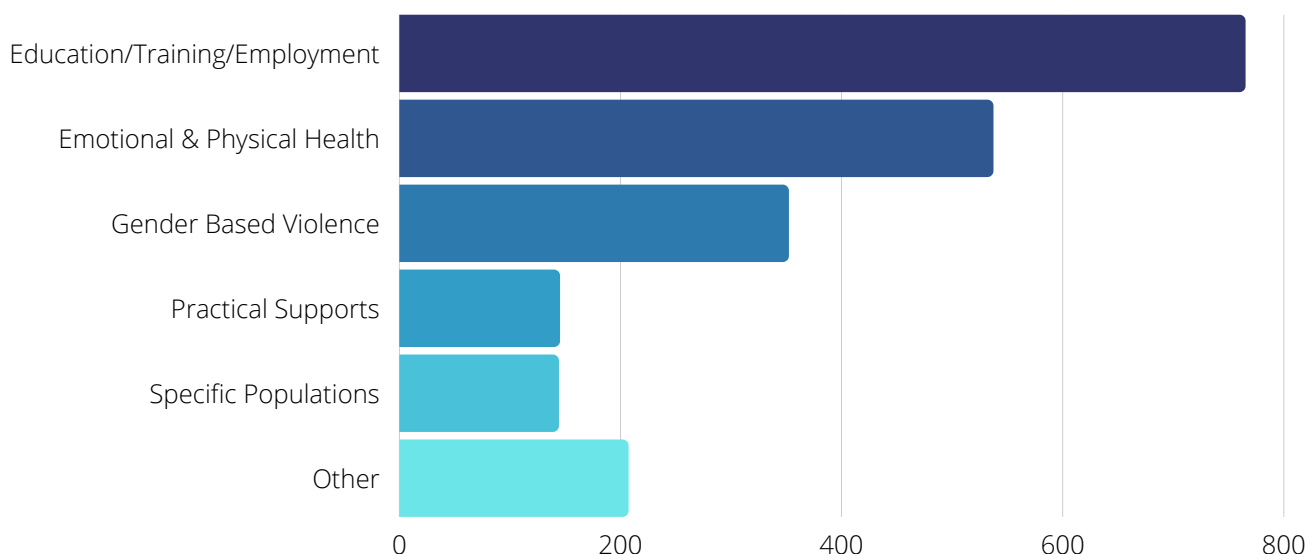


30%

BY EMAIL

THERE WERE NO WALK-INS THIS YEAR AS THE CENTRE WAS NOT OPEN TO IN PERSON VISITORS DUE TO COVID-19.

ISSUES DISCUSSED:



Staff and volunteers connected with women to provide information about supports to address their concerns. These could be internal referrals (e.g. to counselling, mentoring or education) or external referrals to other supports in the community.

As part of our pandemic response, we switched to a Voice over Internet (VoIP) phone system so that we could answer calls directly from off-site, rather than women having to leave a message and wait for a call-back. Some women are only able to call at particular times, so this made it possible for them to get support when they needed it.

Thank you to the City of Toronto Community Service Partnership!

EDUCATION PROGRAM

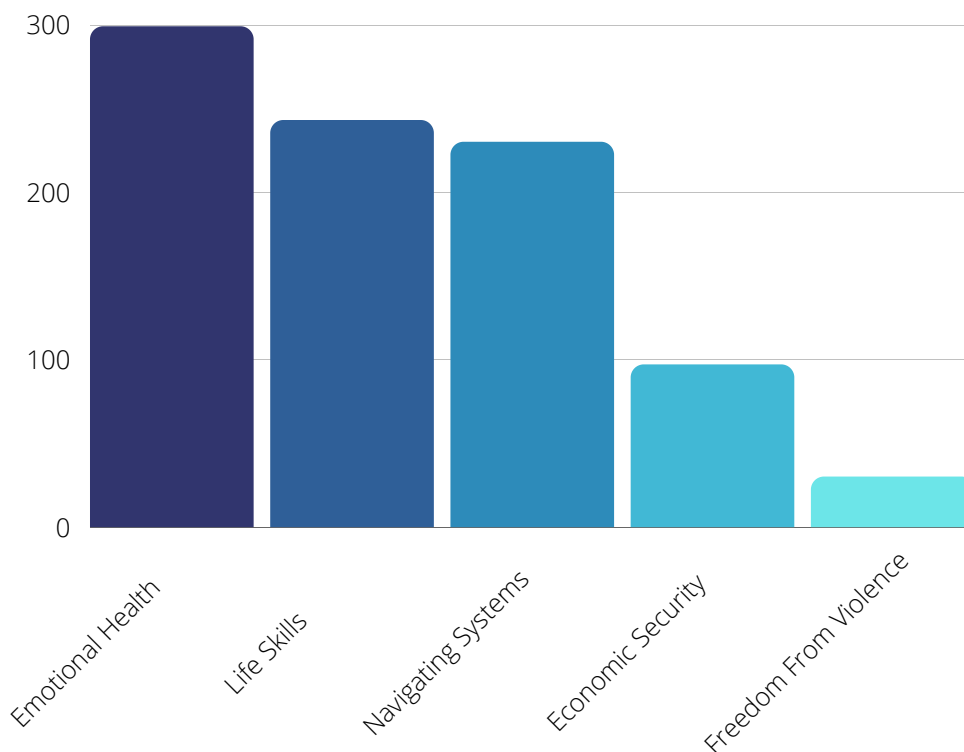
84

Webinars

1057

Participants

OUTCOMES*:



**It was more difficult to get outcome reports this year as women had to complete the evaluations on-line after the webinar, so we missed some important information. We are working to correct this in 2021-22.*

Because of the COVID-19 pandemic, our educational programs were offered as webinars on the secure, confidential Webex Events platform. Participants expressed appreciation for the opportunity to continue to learn together with other women, feel less isolated, and obtain valuable information on a variety of topics.

We also did more training with facilitators and moderators to enhance accessibility and engagement for our participants.

Thank you to the City of Toronto-Community Service Partnership, the Government of Ontario-Ministry of Children, Community and Social Services (Women's Issues), The Royal LePage Shelter Foundation, Ontario Realtors Care Foundation, Royal LePage Estate Realty, and Tippet Foundation!

"You have helped me have a community with these webinars in this challenging uncertain journey."

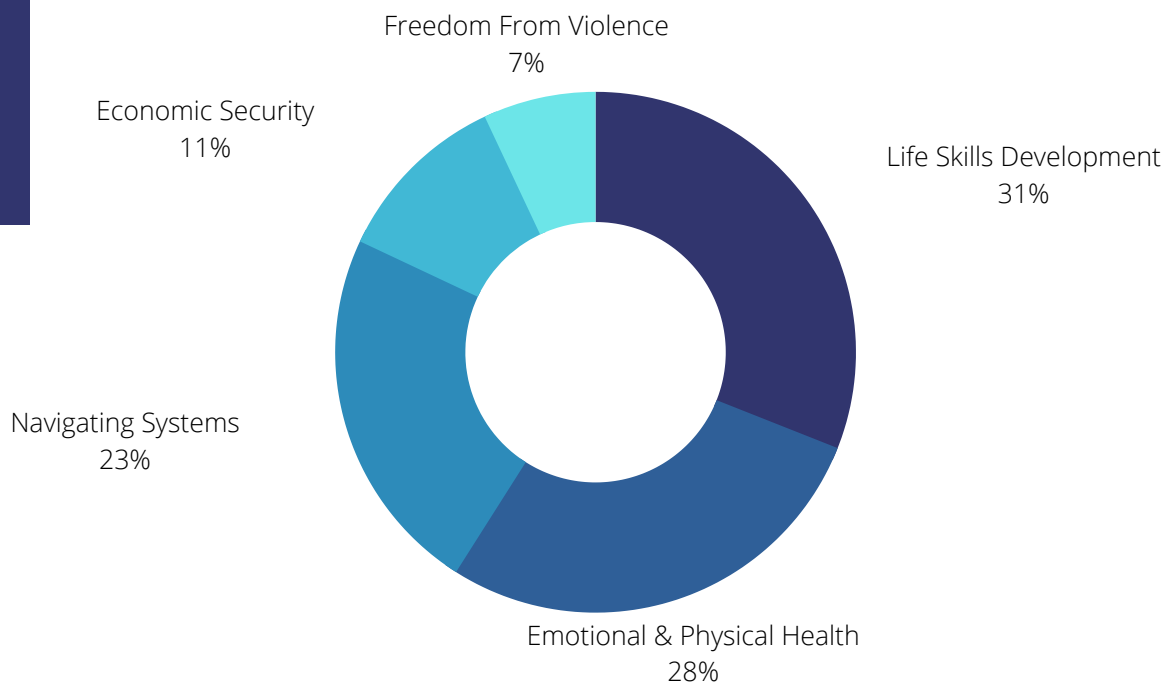
"Thank you SWC for this opportunity during this difficult time. Attending these webinars is my self-care!"

SUPPORT PROGRAM

349

Participants

OUTCOMES:



Counselling Program:

Since April 2020, our professional counselling supports have been offered by phone and web conference. We have continued to provide free counselling to women consistently to ensure that they have the supports they need. This program was supported by 2 professional counsellors, working with a trauma-informed, solution focused, and asset-driven approach.

Mentoring Program:

Some women in transition were matched with trained community volunteers who will provide mentoring support for a 6 month to one year period. This year, we had 13 matches in place (1 for English conversation, and 12 for Emotional health), and trained 10 new direct service volunteers to provide mentoring support.

Thank you to the Government of Ontario-Ministry of Children, Community and Social Services (Women's Issues), the City of Toronto, United Way Greater Toronto, Bell Let's Talk, Royal LePage Shelter Foundation, Ontario Realtors Care Foundation, Tippet Foundation, and other generous individuals and groups!

"I'm learning to take care of myself so I can care for others."

"I'm grateful to have found the Centre. It has helped me to improve my life."

EXPANDING THE REACH: OUTREACH TO WOMEN WITH DISABILITIES PROGRAM

This program focuses on improving accessibility in all areas of life for women with a broad range of disabilities.

As well as offering programming specifically for women with disabilities, we also provided training to agencies and groups who wanted to build their understanding of how to incorporate inclusion in their work. And we developed and delivered internal training for our facilitators, moderators and staff on creating accessible programming.

The impact of the pandemic on women with disabilities was especially significant in our work this past year and into the future.

Thank you to Ontario Trillium Foundation and Canadian Women's Foundation!

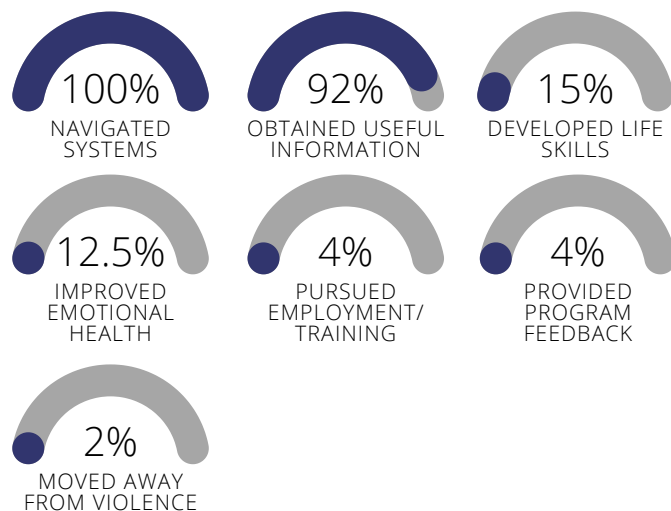
REBUILDING LIVES

10

Webinars

179

Participants



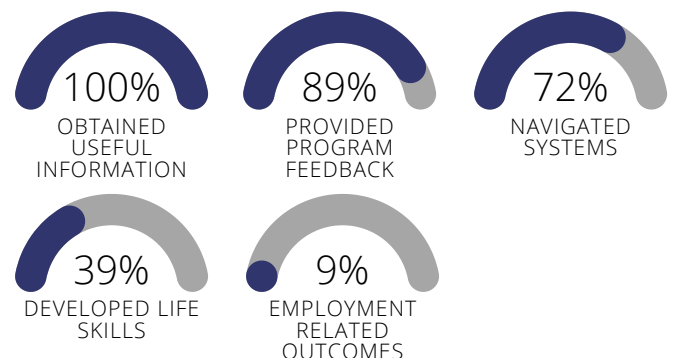
RESILIENT COMMUNITIES

6

Trainings

86

Participants



BUILDING STRONG FUTURES: YOUNG WOMEN'S OUTREACH PROGRAM

This program provides learning and leadership development opportunities for marginalized and at-risk young women 15-21 years of age. During the pandemic we have offered webinars, Book Clubs and leadership development courses, as well as guest-speaking to youth groups at community organizations and schools.

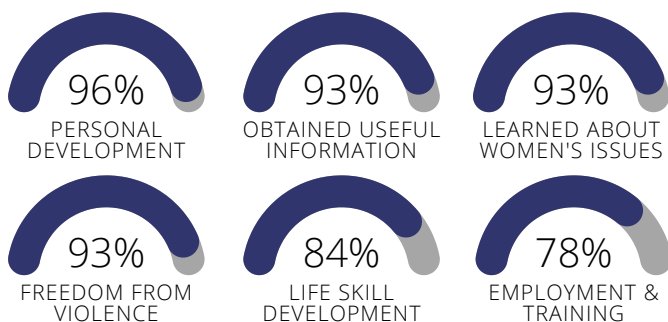
Thank you to Mackenzie Investments and Johansen-Larsen Foundation for your faithful support! We are also grateful for the support of the Sicoli Family who undertook a special fundraising campaign for the Leadership Development program in honour of Bianca.

42

Webinars

462

Participants



1

Leadership Development Training

20

Participants



"I loved it, very helpful for planning my future."

"I would definitely recommend this to any young woman."

INVESTING IN WOMEN'S FUTURES

This program is funded by the Province of Ontario to support women who are navigating systems, developing life skills, building their freedom from violence, and becoming economically secure. It focuses on supporting women to build a foundation for future success in their lives.

450

Individual Women Served

160

Women participated in violence against women counselling, group activities or peer support

128

Women received systems navigation support

425

Women attended life skills and self-esteem counselling and group programs

228

Women received pre-employment counselling and services

Women who pursued further training following completion of pre-employment supports:



Women who pursued further education following completion of pre-employment supports:



Women who became self-employed following completion of pre-employment supports:



Women who became employed following completion of pre-employment supports:



Women who learned new ways to cope and heal from the violence in their lives:



Women who have an increased awareness of the cycle of violence and safety and support systems:



Women who created safety plans:



"I am thankful for the service provided. It helps me immensely. SWC is doing a great job helping women like me."

PROGRAM PARTNERSHIPS

SWC works closely with many different agencies and groups to provide effective programming to women in our community. We especially recognize our active program partners, including:

EXPANDING THE REACH:

OUTREACH TO WOMEN WITH DISABILITIES/ PROMOTING ECONOMIC SECURITY FOR WOMEN WITH DISABILITIES

Birchmount Bluffs Neighbourhood Centre
East Scarborough Storefront
Centennial College, The Centre for Accessible
Learning and Counselling Services
Centennial College, The Centre for Global
Citizenship, Education and Inclusion
Women Leaders – Fran Odette, Doris Rajan
Ontario Nonprofit Network
Ontario College of Art & Design, Inclusive Design
Research Centre
Rexdale Women's Centre

BUILDING STRONG FUTURES: YOUNG WOMEN'S OUTREACH

Toronto District School Board
Toronto District Catholic School Board
East Scarborough Storefront
Student Leadership and Youth Empowerment
(SLYE)
Tropicana
Malvern Family Resource Centre
University of Toronto at Scarborough Women
and Trans Centre
Centennial College
STRIDES

EDUCATION

Skills for Change
Chartered Professional Accountants of Canada
Access Community Capital Fund
The Housing Help Centre
Bereaved Families of Ontario
Connecting Women with Scarborough Services
Workers' Action Centre
Scarborough Community Legal Services
Centennial College

SUPPORT

Multi-lingual Community Interpretation Services
(MCIS)
Volunteer Toronto

STUDENT PLACEMENTS/INTERNSHIPS

University of Toronto, Faculty of Social Work
Dalhousie University, Faculty of Social Work
University of Victoria, Faculty of Social Work
Seneca College

CONSULTATION

McMillan LLP
salesforce.com

INTER-AGENCY COLLABORATION

Woman Abuse Council Toronto (WomanACT)
Connecting Women with Scarborough Services
Legal Aid Ontario: Toronto North Advisory
Group
North Scarborough Community Cluster
South Scarborough Community Cluster
Scarborough FOCUS Table

CONNECTING WOMEN WITH SCARBOROUGH SERVICES

Legal Aid Ontario
Family Service Toronto
Toronto Police Service
Toronto Employment & Social Services
Scarborough Community Health Centre
Ontario Ministry of the Attorney General,
Victim Services
Victim Witness Assistance Program

*"I think SWC has adapted well
to the current COVID
shutdown. They continue to
provide support to women and
have effectively organized
workshops to take online."*

THANK YOU

GOVERNMENT FUNDERS

Women and Gender Equality (WAGE) Canada
 Service Canada
 The Government of Ontario - Ministry of
 Children, Community and Social Services
 (Women's Issues)
 City of Toronto-Community Service Partnership
 Program
 City of Toronto-Investing in Neighbourhoods
 Program

FOUNDATIONS & NGOs

The Canadian Women's Foundation
 GIVE Foundation
 Johansen-Larsen Foundation
 Mackenzie Investments Charitable Foundation
 Ontario Realtors Care Foundation
 Ontario Trillium Foundation
 PayPal Giving Fund Canada
 Rochelle & Calvin Sager Foundation
 Royal LePage Shelter Foundation
 St. Andrew's Charitable Foundation
 Tippet Foundation
 Unifor Social Justice Fund
 United Way Greater Toronto

GROUP DONORS

Agincourt Pentecostal Church (One Church)
 Canadian Federation of University Women
 Scarborough Chapter
 Elementary Teachers' Federation of Ontario
 Ontario Nurses' Association
 Rotary Club of Agincourt
 Rotary Club of North Scarborough
 Scarborough Guildwood Women's Federal
 Liberal Club

IN KIND DONORS

Amazon Canada
 Hillman Group Canada
 Lloyd Rang Communications/LRC
 Martinrea Automotive Inc. o/a Alfield Industries
 The Miller Group
 The Peoples Mask Corp.
 QRX Technology Group
 Salesforce Canada

CORPORATE DONORS

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 Morrison Hershfield Limited (in memory of Tina
 Lu)
 Mudança Clothing
 Nicey's Eatery
 Niman Mamo LLP
 North 80 Designs Ltd.
 Park Property Management Incorporated
 Prefera Finance Ltd. (in recognition of Genevieve
 Calautti)
 Price Waterhouse Cooper (in recognition of
 Angela Laarakkers)
 Reaha's Essence
 Rona Inc.
 Sweet Caroline Café
 TD Scarborough West District
 Toron-AMI



Shante dropping off a donation of masks from
 The People's Mask

THANK YOU

EXTERNAL EVENTS

Krispy Kreme Holiday Fundraiser
 Lowes Rona Heroes Campaign
 Nicey's Eatery-International Women's Day Fundraiser
 Reah's Essence-International Women's Day Fundraiser
 Royal LePage Estate Realty-Unplugged for Shelter Concert
 Young Women's Leadership Program Fundraiser (in Honour of Bianca Sicoli)



Executive Director, Lynda, accepting a donation from TD Scarborough West District



The fabulous young women who organized the Krispy Kreme Holiday Fundraiser

INDIVIDUAL DONORS

Anonymous
 Joanna Abdulhamid
 Oddhay Adhikary
 Sreyas Adusumilli
 Robbie Ahmed
 Prabjit Ajrawat
 Lamia Akbar
 Vicki Alexopoulos
 Farhat Ali
 Sharena Ali
 Shaima Al-Khalili
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 Loretta Fines
 Claudia Fuller
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THANK YOU

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Ying Ping (Lillian) Li
Charlene Lilly

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Sakib Yasar
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Friend
Shyam Nagarajan & Neeti
Sharma

THANK YOU

STAFF

Lynda Kosowan, Executive Director
 Jacynth Fennell, Counsellor
 Carol Soares, Counsellor
 Ferozan Nasiri, Building Strong Futures
 Coordinator (to September 2020)
 Nadya Lim-Douglas, Building Strong Futures
 Coordinator (from September 2020)
 Melissa Simas, Expanding the Reach Coordinator
 Kalum Perera, Administrative Assistant
 Sushama Farjana, Seniors Program Worker (to
 April 2020)
 Nasima Danishyar, Education Program Worker
 (to September 2020)
 Folashade Ajiboye, Education Program Worker
 (from March 2021)
 Meklit Arega, SAGE Program Worker

Bookkeeping Services

CBA Management Services

Placement Students

Emily Sheppard (University of Toronto, MSW)
 Emily Chan (University of Toronto, MSW)
 Swosti Adhikari (Seneca College, SSW)
 Kristen Nolan (Dalhousie University, BSW)
 Paige MacLean (University of Victoria, BSW)
 Aisha Afzal (University of Toronto, MSW)

Summer Staff (Service Canada)

Nadya Lim-Douglas
 Gelila Bedada
 Dana Noehammer

FACILITATORS (PRIVATE CONTRACTORS OR PARTNER AGENCY REPS)

Farah Ali
 Irene Anderson
 Onsia Ansari
 Naszrin Arghoshi
 Prabha Bassoo
 Colleen Boehme
 Nelson Briceno (Skills for Change)
 Angelica Brigino
 Katrina Buchanan (Bereaved Families of Ontario)
 Martha Burbano (Workers Action Centre)
 Semide Daulet
 Reshma Dhrodia
 Lorraine D'silva (CWSS)
 Christina Friend (ACCESS Community Capital
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 Melanie Holmes (Centennial College)
 Jasmin Jagpal
 Clare Karasik
 Michelle Lochan
 Meera Mahendiran
 Sana Najafi
 Christine Sarbu
 Melissa Simas
 Matthew Smith (Scarborough Community Legal
 Services)
 Carol Soares
 Cindy Stradling
 Heather Walsh (CPA Canada)
 Cheryl Williams, LL.B.
 Helen Ziral

*"It's a very supportive
 centre and the workers
 are very knowledgeable
 in the work they do."*



Some SWC Staff gathering virtually for a meeting

THANK YOU

BOARD & COMMITTEES

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 Ashley Dresser
 Reem Gedeon
 Wanjiro Ndungu
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 Jun Liu
 Farah Mustafa
 Jorge Orozco

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 Ruvette Coelho
 Tina Dealwis
 Sushama Farjana
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 Asna Haris
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 Lisa Jones
 Zahra Khan
 Shyanah Kugaleswaran
 Angela Laarakkers
 Florence Lee
 Dana Noehammer
 Elizabeth Phillips
 Stacey Reilly
 Camille Robinson
 Usha Singh
 Mary Valid
 Leslie Walker

*"SWC has been such a pillar in
 my healing journey."*

"SWC is a safe haven."