



SCARBOROUGH WOMEN'S CENTRE

In Kind Donation Pick Up:

Where to get help with clothing, furniture, food etc.

Resource Guide

Updated November 2021

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SCARBOROUGH
Organizations Giving Away In-Kind Donations
(I.e., Clothing, Furniture, Food, etc.)

AGENCY	CONTACT	ITEMS	ELIGIBILITY	EXTRA INFO.
<p>Scarborough Centre for Healthy Communities</p> <p>Location: 4100 Lawrence Ave E, Scarborough, ON M1E 2S2</p> <p>(Lawrence Ave E & Galloway Rd)</p>	<p>General Number: (416) 847-4142</p> <p>Email: ask@schcontario.ca</p> <p>Website: www.schcontario.ca</p> <p>Housing Help Service: (416) 847-4143</p> <p>Email: nwalters@schcontario.ca</p> <p>Food Bank: (416) 847-4147</p> <p>Email: FoodBank@schontario.ca</p>	<p>FOOD BANK remains open during regular market times to hand out pre-packaged boxes; It is encouraged that all clients come at different times and not line up before opening. *All Meal Programs, clothing banks, and Tax Clinics are cancelled till further notice.</p> <p>Furniture Bank: All visits to Furniture Bank are by appointment only.</p> <p>Community Health Centre: Staffed by doctors, nurse practitioners,</p>	<p>- No Documentation Required - No Appointment needed -Anyone in need</p> <p>Health Centre: *Accepting new clients. If you live in Scarborough and are looking to see a health care professional listed, call to book an appointment.</p>	<p>During initial visit, individuals can expect to have a conversation with staff or volunteer about their household members, sources of income and living expenses.</p>

		<p>registered nurses, social workers, dietitians, chiropodists (foot care specialists) and medical secretaries. Together, they provide medical care and health-related services such as check-ups, immunizations, diabetic foot care, nutrition counselling, social support services, and harm reduction</p>		
<p>The Salvation Army – Agincourt Community Church</p> <p>Location: 3080 Birchmount Rd. Scarborough, ON, M1W 3K3</p> <p>(Birchmount Rd & Brookmill Blvd)</p>	<p>Main Number: (416) 497-7520</p> <p>General Number: 1 (800) 725-2769 Donation/General Services</p> <p>Email: agincourtcorps@bellnet.ca</p> <p>Website: www.agincourtcommunitychurch.com</p>	<p>Hunger relief program: Make an appointment by either calling (416) 497-7520 extension 271 (please leave a message with your name and phone number and someone will return your call as soon as possible), or you can book online.</p> <p>Backpacks for Kids: If you are wanting to receive a backpack for</p>	<p>Services the following postal code areas: M1S, M1T, M1V & M1W</p> <p>Please bring: -proof of Identification for each family member living at your location -proof of school attendance if over the age of 18 and not contributing to the household income</p>	<p>* By Appointment Only Remember: You must have an appointment & please bring your own bags!</p>

		your child, please contact our family services office at 416-497- 7520 x240.	-proof of ALL household monthly income -proof of rent/mortgage -proof of address.	
<p>The Salvation Army – Scarborough Citadel</p> <p>Location: 2021 Lawrence Ave E. Scarborough, ON M1R 2Z2</p> <p>(Warden Ave & Lawrence Ave E)</p>	<p>Main Number: (416) 759-1721</p> <p>General Number: 1 (800) 725-2769 Donation/General Services</p> <p>Email: corps_office@scarboroughcitadel.ca</p> <p>Website: www.scarboroughcitadel.ca</p>	<p>Food Bank:</p> <p>Multi-service agency at the heart of Agincourt, addressing the needs of youth, newcomers, and the homeless.</p>	<p>Serves the following postal code areas: M1K, M1M, M1R, M1P, M4A, M1N (east of Birchmount Rd.)</p> <p>- No appointment needed</p>	<p>Drop In during: Wednesday 10AM – 3PM Thursday 10:30AM – 12:30PM Friday 10AM – 12PM</p>
<p>Agincourt Community Services Association (ACSA)</p> <p>(Dorset Park Community Hub)</p>	<p>Website: www.agincourtcommunityservices.com</p> <p>Main Number: (416) 321-6912</p> <p>ACSA Update Line: (416) 267-0115</p>	<p>Food programs: Food bank and meal program – breakfast & hot lunch</p> <p>Food bank hours (Dorset): Monday 12:00PM - 4:00PM</p>	<p>Serves: -Eglinton Ave. E (north) to Lake Ontario (south), - Midland Ave (west) to Markham Rd (east).</p>	<p>*To avoid long waits, book your appointment: (647) 723-9238 10AM- 4PM Wednesdays and Fridays</p>

<p>Location: 1911 Kennedy Rd, Unit 105 Scarborough, ON, M1P 2L9</p> <p>(Kennedy Rd & Ellesmere Rd)</p> <p>(North Drop In) Location: 4155 Sheppard Ave E Unit #100 Scarborough, ON M1S 1T4</p> <p>(Midland Ave & Sheppard Ave E)</p> <p>(South Drop In) Location: 202 Markham Rd, Scarborough, ON M1J 3C2</p> <p>(Markham Rd & Eglinton Ave E)</p>	<p>Food Bank Number: (647) 723-9238</p> <p>Income Tax Help: (416) 321-6912 Ext.226</p>	<p>Tuesday 12:00PM - 4:00PM Thursday 12:00PM - 4:00PM</p> <p>North hot meals: - Monday to Sunday 9am – 3pm</p> <p>South hot meals: - Wednesday 10am – 2pm</p> <p>**Food will be served at the back door of the North drop-in location and at the front door of the South location, in take- out containers</p>		
<p>West Hill Community Food Bank</p> <p>Location:</p>	<p>Main Number: (416) 335-8829</p>	<p>Food bank hours (COVID-19): Thursday 2:00PM – 5:00PM</p>	<p>Serves Scarborough</p> <p>New clients need to register at</p>	<p>Drop in initial intake assessment discussion -- income and address</p>

<p>4205 Lawrence Ave E Scarborough, ON M1E 4S6</p> <p>(Morningside Ave & Lawrence Ave E)</p>			<p>dailybread.link2feed.ca and bring the Client ID Number that you will get at the end of the online registration</p>	<p>information, and identification for household members, will be requested</p> <p>-Site is fully accessible</p>
<p>Muslim Welfare Centre</p> <p>Location: 100 McLevin Ave, Unit 4 and 4A Scarborough, ON M1B 5K1</p> <p>(Markham Rd & McLevin)</p> <p>Location: 3490 Mavis Road Mississauga, ON L5C 1T8</p> <p>(Mavis Rd & Central Pkwy W)</p>	<p>Number: Administration: (416) 754-8116</p> <p>Food Bank: (416) 335-9994</p> <p>Medical Clinic: (416) 291-1027</p> <p>Website: www.muslimwelfarecentre.com</p> <p>Email: muslim@muslimwelfarecentre.com</p>	<p>Halal Food and Essential Items Bank: groceries, furniture and household items, clothing, footwear, winter gear.</p> <p>Halal Meals on Wheels: distribution of bagged lunch in downtown Toronto area each Saturday for individuals who are in need.</p>	<p>1.The Unemployed 2.Social Welfare Assistance Recipients 3.Employment Insurance Recipients 4.Refugees 5.New Immigrants 6.Anyone in real need</p> <p>•Please note clients are permitted to access the food bank once monthly, however special circumstances can be discussed with our staff.</p> <p>•Please note valid ID must be presented for registration and on each visit.</p>	<p>Scarborough Location Monday to Thursday and Saturday (Including Holidays) – 11:00 – 4:00 pm Registration is done by appointment only. For more information or to register, please call 416-335-9994.</p> <p>Mississauga Location Monday to Thursday and Sunday (Including Holidays) – 1:00 – 4:00 pm Registration is done by appointment only. For more information or to register, please call 905-281-9730.</p>

TORONTO
Organizations Giving Away In-Kind Donations
(I.e., Clothing, Furniture, Food, etc.)

AGENCY	CONTACT	ITEMS	ELIGIBILITY	EXTRA INFO.
<p>Oasis Clothing Bank</p> <p>Location: 60 Carnforth Road Toronto, Ontario M4A 2K7</p> <p>(Lawrence Ave E & Carnforth Rd)</p>	<p>Number: (416) 751-0553</p> <p>Website: https://www.clothingbank.ca/Home.inc</p>	<p>Clothing Bank: Provides clothing to individuals recovering from drug and alcohol addictions/dependence.</p>		<p>Please reach out to confirm availability and supply distribution.</p>
<p>New Circles</p> <p>Location: 161 Bartley Drive Toronto, ON M4A 1E6</p> <p>(Bartley Dr & Bermondsey Rd)</p>	<p>Number: (416) 422-2591 X200</p> <p>Website: www.newcircles.ca</p> <p>Email: info@newcircles.ca</p>	<p>GLOW (Gently Loved Outfits to Wear) is a free service that provides quality clothing to help those with limited income, meet their clothing need. Stocks items for men, women and children, including specialty items such</p>	<p>GLOW: Appointments are available to residents of: Cedar Ridge, Heron Park, Keelesdale, Eglinton West, Thorncliffe Park, Flemingdon Park, Victoria Village, Taylor-Massey, and Oakridge neighbourhoods, as</p>	<p>Also services people with a social service agency referral in the following postal codes:</p> <p>M1E, M1G, M1K, M1L, M2J, M3A, M3B, M3C, M4A, M4B, M4C, M4G, M4H and M6N</p>

		<p>as maternity wear and plus sizes.</p> <p>Settlement Support Program: offers personalized information, referrals, workshops, and other supports (i.e., help finding housing, childcare, or employment) to service users.</p>	<p>well as those in need of clothing and government-assisted refugees across the city.</p> <p>Settlement Support Program: Eligible participants must be an immigrant to Canada (convention refugee, refugee claimant, permanent resident, naturalized Canadian, international student, temporary foreign worker, or approved Ontario Provincial Nominee) and currently residing within Toronto.</p>	
<p>The 519</p> <p>Location: 519 Church St, Toronto, ON M4Y 2C9</p>	<p>Julie (contact): JHamara@The519.org</p> <p>Front Desk: 416-392-6874</p> <p>General Email:</p>	<p>Clothing Donations & Free Clothing Markets (provides community members with access to clothing on an as-needed basis)</p>	<p>No Requirements.</p>	<p>Please reach out to confirm availability and supply distribution.</p> <p>Free clothing and hygiene supplies:</p>

<p>(Church St, north of Wellesley St E)</p>	<p>Info@The519.org</p> <p>Website: www.the519.org/programs/clothing-donations</p>			<p>Fridays and Sundays from 2:00PM – 3:30PM</p>
<p>Yonge Street Mission</p> <p>Location: Davis Centre 270 Gerrard St. E., Toronto, ON M5A 2G4</p> <p>(Located on the north side of Gerrard, just west of Parliament)</p>	<p>Number: (416) 929-9614 x 3200</p> <p>General Number: 1 (800) 416-5111</p> <p>Website: https://www.ysm.ca/</p>	<p>Food Bank Hours: Tuesday – Friday, 10AM – 12PM, 1PM – 3PM</p> <p>Nutritious Food Bags are available by family size, once every 2 weeks by appointment</p>	<p>Register by phone to make an appointment</p> <p>When you come to your appointment to register, please bring:</p> <ul style="list-style-type: none"> -Photo ID for you and anyone whom you live with that you want to include on your profile -Documentation of your most recent monthly income -Proof of address <p>*You will be able to access the food bank during your registration appointment.</p> <p>To qualify for YSM's Food Bank you</p>	<p>Staff available to assist with hygiene supplies and baby items (if available)</p>

			must live within the catchment area which is south of Bloor St., east of Yonge St. and west of Don Valley Parkway	
<p>Eastminster United Church</p> <p>Location: 310 Danforth Ave Toronto ON M4K 1N6</p> <p>(Danforth Ave & Jackman Ave)</p> <p>Glen Rhodes Campus 1470 Gerrard St East Toronto ON M4L 2A3</p> <p>(Gerrard St E & Rhodes Ave)</p>	<p>Number: (416) 461-7797</p> <p>Glen Rhodes Number: (416) 465-3755</p> <p>Email: office@eastendunited.ca</p>	<p>Food Bank:</p> <ul style="list-style-type: none"> -Hot take-out meal -Hot coffee / tea -Bag lunch to go (sandwich, fruit, drink, hummus + carrots, dessert etc.) -Toiletries -PPE kits (masks, gloves, hand sanitizer) -Clean select new and gently used adult clothing (jeans, hoodies, t-shirts) -New underwear and socks -New adult winter boots, coats, gloves (as donated/purchased) 		<p>Eastminster Food Bank hours: Every Friday from 4:00PM – 6:00PM</p>

<p>Furniture Bank</p> <p>Location: 25 Connell Court, Unit 1 Toronto, ON M8Z 1E8</p> <p>(Horner Ave & Evans Ave)</p>	<p>Number: (416) 934-1229</p> <p>Email: info@furniturebank.org</p> <p>Website: www.furniturebank.org</p> <p>Public Contacts: Dan Kershaw - Executive Director dan.kershaw@furniturebank.org</p> <p>Sean Peddle - Director of Operations and Programs sean.peddle@furniturebank.org</p>	<p>Furniture - tables, dressers, beds, chairs, sofas, shelves) as well as household items (lamps, linen, dishes, drapes)</p> <p>*To confirm item availability – please reach out to service</p>	<p>Individuals who are formerly homeless, women and children fleeing an abusive situation, newcomer families and refugees, or people affected by poverty</p> <ul style="list-style-type: none"> - No fee - Referral from an affiliated social service agency or shelter required 	<p>- Areas served: Toronto, Halton Region, Peel Region, Durham, and York Census Division</p>
<p>Dress for Success</p> <p>Location: North York City Centre 5150 Yonge St, Concourse Level Toronto, ON M2N 6L8</p>	<p>Number: (416) 901-6022</p> <p>Email: info@dressforsuccess-toronto.org</p> <p>Website: https://toronto.dressforsuccess.org</p>	<p>Suiting program -- provides job-appropriate clothing to women seeking employment</p> <p>Job training services -- job search assistance * résumé and cover-</p>	<ul style="list-style-type: none"> - \$40 agency fee - Referral from a non-profit organization required (Click the following to see a list of partner agencies (Referral Agencies)) 	

<p>(Yonge St & Park home Ave)</p>		<p>letter preparation * workshops * technology skills</p> <p>Employment retention -- Professional Women's Group (PWG) * monthly forum design to encourage, educate and inspire employed clients</p> <p>Dress Your Best -- provides job-appropriate clothing to men seeking employment</p>	<p>- Adults who are job ready and seeking employment - Area being served is Toronto</p>	
<p>Scott Mission</p> <p>Location: 502 Spadina Ave Toronto, ON M5S 2H1</p> <p>(College St & Spadina Ave)</p>	<p>General Inquiries: (416) 923-8872</p> <p>Women and Family Food and Clothing Bank: (416) 923-3916</p> <p>Donation Line: (416) 923-2400</p> <p>Email:</p>	<p>Clothing Bank: Clothing is available at no cost for families in need.</p> <p>Please register through our appointment line at (416) 923-3916.</p> <p>Food bank:</p>	<p>- Ages 20+ - All genders - Homeless individuals and families, families with low-income, children and youth</p> <p>COVID 19 -- New clients need to register at dailybread.link2fe</p>	<p>Food and clothing bank by appointment</p>

	info@scottmission.com Website: www.scottmission.com	Please register through our appointment line at (416) 923-3916.	ed.ca and bring the Client ID Number that you will get at the end of the online registration Contact intake worker * initial intake assessment discussion -- income and address information, and identification for household members, may be requested -- call for details	
Children's Book Bank Location: 350 Berkeley Street Toronto, ON M5A 2X5 (In the process of relocating- this location is open until December 4 th , 2021)	Website: www.childrensbookbank.com/ Number: (416) 922-7323 Email: info@childrensbookbank.ca	The Book Bank: Provides various reading material to individuals of all ages. Hours: Tuesday – Thursday 10AM – 6PM Saturday 10AM – 3PM *Until Dec 4 th	No Requirements. No Fee.	An online order system has been implemented to reserve books for individuals and families for curbside pick-up.

<p>(Gerard St & Parliament St)</p> <p>New location (starting Jan 8, 2022):</p> <p>Daniels Spectrum 585 Dundas St E, Unit 260 Toronto, ON M5A 2B7</p> <p>(Sackville St & Dundas St E)</p>		<p>Please refer to the website for updates on hours of operation after Dec 4th</p>		
<p>Toronto Alliance Church</p> <p>Location: 602 Queen St W 2nd Floor Toronto ON M6J 1E3</p> <p>(Bathurst St & Queen St W)</p>	<p>Website: https://www.torontoalliancechurch.ca/</p> <p>Number: (416) 703-8211</p> <p>Email: office@torontoalliancechurch.ca</p>	<p>Food Bank Hours: Tuesday – Friday 10:00AM – 2:00PM</p> <p>Community Night Meals: Saturday 3:00PM – 6:00PM</p>	<p>No Requirements or fees</p>	<p>Meals are only handed out at front door of 602 Queen St W from 3:00PM – 6:00PM</p>
<p>Sistering</p> <p>Location: 962 Bloor St West Toronto, Ontario M6H 1L6</p>	<p>Website: www.sistering.org</p> <p>Number: (416) 926-9762 (647) 933-0710</p>	<p>Hot Meals Hours (Take away hot lunch): 12:00PM – 1:30PM At main entrance</p>	<p>Women and Trans people ages 16-80+</p>	<p>962 Bloor St location open 24/7, accessible and pet friendly *As of June 2020, drop in now</p>

<p>(Bloor St W & Dovercourt Rd)</p> <p>220 Cowan Ave, Toronto, ON M6K 2N6</p> <p>(Cowan Ave & Queen St W)</p>	<p>Email: generalinfo@sistering.org</p> <p>Parkdale Number: (416) 588-3939</p> <p>Email: outreach@sistering.org</p>	<p>Clothing and footwear</p> <p>Showers and laundry facilities</p> <p>Employment and income support program</p> <p>Telephones, internet access and mailing address</p>		<p>functions as a temporary respite</p> <p>All referrals are done through the City of Toronto's Central Intake Line.</p> <p>Parkdale location open Monday – Friday from 9:30AM – 1:30PM</p>
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NOTICE: For additional services not listed, please visit 211 Central (<https://211central.ca>) for more information.