



SCARBOROUGH
WOMEN'S CENTRE

In Kind Donation Pick Up:

Where to get help with clothing, furniture, food etc.

Resource Guide



March 2022

Table of Contents:

Scarborough.....Pages 3-9

Toronto.....Pages 10-17





Organizations Giving Away In-Kind Donations (I.e., Clothing, Furniture, Food, etc.)

AGENCY	CONTACT	ITEMS	ELIGIBILITY	EXTRA INFO.
<p>Scarborough Centre for Healthy Communities</p> <p>Location: 4100 Lawrence Ave E, Scarborough, ON M1E 2S2 (Lawrence Ave E & Galloway Rd)</p> <p>Furniture Bank Location: 1960 Ellesmere Road, Unit 5, Scarborough ON M1H 2V9 (Bellamy Rd & Ellesmere Rd)</p>	<p>General Number: (416) 847-4142</p> <p>Email: ask@schcontario.ca</p> <p>Website: www.schcontario.ca</p> <p>Housing Help Service: (416) 847-4143</p> <p>Email: nwalters@schcontario.ca</p> <p>Food Bank: (416) 847-4147</p> <p>Email: FoodBank@schontario.ca</p> <p>Clothing Bank: (416) 847-4147</p> <p>Email: ClothingBank@schcontario.ca</p>	<p>Food Bank: Open during regular market times to hand out pre-packaged boxes; It is encouraged that all clients come at different times and not line up before opening. Individuals receive 1-2 days of food and are able to select items based on their preference and availability</p> <p>Furniture Bank: All visits to Furniture Bank are by appointment only.</p> <p>Clothing Bank: Closed temporarily. Please check with the food bank staff for updates</p>	<ul style="list-style-type: none"> - No Documentation Required - No Appointment needed - Anyone in need 	<p>During initial visit, individuals can expect to have a conversation with staff or volunteer about their household members, sources of income and living expenses.</p> <p>Food bank hours: Wednesdays from 12:30PM–3:30PM Thursdays from 2:00PM–4:30PM Fridays from 10:30AM–1:00PM</p>

<p>The Salvation Army – Scarborough Satellite</p> <p>Location: 2085 Ellesmere Rd, Scarborough ON M1H 2W6 (Markham Rd & Ellesmere Rd)</p>	<p>General Number: (416) 431-4379</p> <p>Email: informationscarborough@salvationarmyhomestead.org</p> <p>Immigration Assistance: (647) 233-6036</p> <p>Email: settlementworker@salvationarmyhl.com</p> <p>Website: www.torontoharbourlight.ca</p>	<p>Community Resources Offered:</p> <ul style="list-style-type: none"> • Groceries/food bank • Furniture/clothing bank/thrift store • Health care and public transportation systems • Referral to community health centres, physicians, walk-in clinics • Community legal clinic referrals and free legal advice • Referrals for family, individual and couples counselling • Referral to free tax-clinics in the GTA • Assistance building resumes and cover letters <p>Treatment Programs available for various needs at this location.</p> <p>Please contact them for more details about the programs and services offered.</p>	<ul style="list-style-type: none"> - Low-income individuals and families with any immigration status - Naturalized Canadian Citizens - Permanent Residents - Refugee Claimants - Rejected Refugee Claimants - Convention refugees - Temporary residents (work permit holders, international students) - Non-status, (people without immigration status) <p>Treatment Program Eligibility:</p> <ul style="list-style-type: none"> - Individuals over the age of 18 - Must reside in Toronto - Self or agency referral accepted <p>Please call for an assessment interview for any treatment programs</p>	<p>Hours of Operation: Monday–Friday from 8:00AM–4:00PM</p> <p>*COVID UPDATE – No walk-in services at this time</p>
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<p>The Salvation Army – Agincourt Community Church</p> <p>Location: 3080 Birchmount Rd. Scarborough ON, M1W 3K3 (Birchmount Rd & Finch Ave E)</p>	<p>Main Number: (416) 497-7520</p> <p>General Number: 1 (800) 725-2769</p> <p>Email: agincourtcorps@bellnet.ca</p> <p>Website: www.agincourtcommunitychurch.com/product/food-bank/</p>	<p>Food Bank: Make an appointment by either calling (416) 497-7520 ext. 271 (please leave a message with your name and phone number and someone will return your call as soon as possible), or you can book online at https://www.agincourtcommunitychurch.com/product/food-bank/</p> <p>Backpacks for Kids: If you are wanting to receive a backpack for your child, please contact family services office at (416) 497-7520 ext. 240</p>	<p>Serves the following postal codes: M1S, M1T, M1V & M1W</p> <p>Please bring: - proof of Identification for each family member living at your location - proof of school attendance if over the age of 18 and not contributing to the household income - proof of ALL household monthly income, rent/mortgage, and address</p>	<p>Food bank hours: Tuesdays and Thursdays from 10:00AM – 12:00PM, 1:00PM – 3:00PM Wednesdays from 1:00PM – 3:00PM</p> <p>-Unable to provide milk or any other perishable food</p> <p>* By Appointment Only Remember: You must have an appointment & please bring your own bags!</p>
<p>The Salvation Army – Scarborough Citadel</p> <p>Location: 2021 Lawrence Ave E. Scarborough, ON M1R 2Z2 (Warden Ave & Lawrence Ave E)</p>	<p>Main Number: (416) 759-1721</p> <p>Email: corps_office@scarboroughcitadel.ca</p> <p>Website: www.scarboroughcitadel.ca</p>	<p>Food Bank: Open to all, no appointment needed</p>	<p>Serves the following postal code areas: M1K, M1M, M1R, M1P, M4A, M1N (east of Birchmount Rd.)</p>	<p>Food bank hours: Wednesdays from 10:00AM – 3:00PM Thursdays from 10:30AM – 12:30PM Fridays from 10:00AM – 12:00PM</p>

<p>Agincourt Community Services Association (ACSA)</p> <p>(Dorset Park Community Hub) Location: 1911 Kennedy Rd, Unit 105, Scarborough, ON M1P 2L9 (Kennedy Rd & Ellesmere Rd)</p> <p>(North Drop In) Location: 4155 Sheppard Ave E Unit #100 Scarborough, ON M1S 1T4 (Midland Ave & Sheppard Ave E)</p> <p>(South Drop In) Location: 202 Markham Rd, Scarborough, ON M1J 3C2 (Markham Rd & Eglinton Ave E)</p>	<p>Main Number: (416) 321-6912</p> <p>Email: 4155reception@agincourtcommunityservices.com</p> <p>Website: www.agincourtcommunityservices.com/food-bank</p> <p>Food Bank Number: (647) 723-9238</p> <p>Income Tax Help: (416) 321-6912 ext. 226</p>	<p>Food Bank: Provides an emergency food supplement to community members in need of food service access.</p> <p>Drop-In North: Offers breakfast, lunch and afternoon snacks, access to computers and internet, phones, TTC tokens, showers, clothing and other personal hygiene supplies. Additional supports include primary care physician clinic and foot clinic, operating by appointment only. Call (647) 461-6912</p> <p>Drop-In South: Offers breakfast, lunch and afternoon snacks, access to computers and internet, harm reduction supplies, phones, TTC tokens, laundry, clothing and other personal hygiene supplies. Additional supports include access to a nurse and foot clinic, operating by appointment only. Call (647) 472-6912</p>	<p>Serves the following postal codes: M1T, M1S, M1V, M1P, M1W, M1R, M1H</p> <p>Please call (647) 723-9238 anytime between 10AM-4PM Wednesdays and Fridays to book an appointment and avoid long wait times</p> <p>Individuals and families are asked to provide identification for each family member and to share information about their rent and household income.</p>	<p>Food Bank Hours: Monday, Tuesday & Thursday 11:00AM – 4:00PM</p> <p>Take-away Meals (Drop-In North): 7 days/week 9:00AM – 3:00PM</p> <p>(Drop-In South): Wednesdays and Thursdays 10:00AM – 3:00PM.</p>
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<p>West Hill Community Food Bank</p> <p>Location: 4205 Lawrence Ave E, Scarborough, ON M1E 4S6 (Morningside Ave & Lawrence Ave E)</p>	<p>General Number: (416) 335-8829</p> <p>Email: manangbidaydomingo@yahoo.ca</p>	<p>Food Bank: Open to anyone in need</p>	<p>Residency Requirements: Scarborough</p> <p>New clients need to register at dailybread.link2feed.ca and bring the Client ID Number that you will get at the end of the online registration.</p> <p>Drop-in initial intake assessment discussion: income and address information, and identification for household members will be requested</p>	<p>Food Bank Hours (COVID): Thursdays 2:00PM – 5:00PM</p> <p>Site is fully accessible</p>
<p>Warden Woods Community Centre: Teesdale Drop-in</p> <p>Location: 40 Teesdale Pl, Scarborough ON M1L 1L3 (Pharmacy Ave & Danforth Ave)</p>	<p>General Number: (416) 694-1138 ext. 164</p> <p>Email: barbarag@wardenwoods.com</p> <p>Website: www.wardenwoods.com/en/food-security-40-teesdale-place-programmes/</p>	<p>Drop-In Hot Lunch, Take-out Lunch and Dinner all available.</p> <p>Other programs and services for newcomers offered. See website or call for details.</p>	<p>Residency Requirements: Eglinton Ave E (north) to Lake Ontario (south), Victoria Park Ave (west) to Kennedy Rd (east)</p>	<p>Hot Lunch Program (COVID): Wednesdays from 11:30AM – 12:30PM</p> <p>Other programs have been suspended until further notice</p>

<p>Muslim Welfare Centre</p> <p>Location: 100 McLevin Ave, Unit 4 and 4A Scarborough, ON M1B 5K1 (Markham Rd & McLevin Ave)</p>	<p>Administration Number: (416) 754-8116</p> <p>Food Bank: (416) 335-9994</p> <p>Medical Clinic: (647) 641-1027</p> <p>Email: muslim@muslimwelfarecentre.com</p> <p>Website: www.muslimwelfarecentre.com</p>	<p>Food Bank: Provides residents with a hot, healthy meal served in a restaurant-style lunch setting * Halal</p> <p>*COVID UPDATE – Only serving take-out lunches</p>	<p>Residency Requirements: -Unemployed individuals -Social assistance recipients -Employment Insurance recipients -Refugees -New Immigrants</p> <p>*Clients are permitted to access the food bank once monthly, however special circumstances can be discussed with staff</p> <p>Valid ID must be presented for registration and on each visit</p>	<p>Food Bank Hours: Monday–Thursday and Saturday (Including Holidays) 11:00AM – 4:00PM</p> <p>Registration is done by appointment only. For more information or to register, please call (416) 335-9994.</p> <p>Free Medical Clinic *COVID UPDATE – All consultations done via phone</p>
<p>Scarborough Good Neighbours Drop-in</p> <p>Location: 193 Markham Rd, Scarborough, ON M1J 3C3 (Markham Rd & Eglinton Ave E)</p>	<p>Number: (647) 358-4105</p> <p>Email: info@goodneighboursmission.org</p> <p>Website: www.goodneighboursmission.org</p>	<p>Community Meals: COVID Update – Free take-out meals with the option of eating indoors</p> <p>Food Pantry: Available to families with children, and seniors. Free baby formula is also available.</p>	<p>Open to: residents of Scarborough</p> <p>For access to food pantry, you must call to register in advance.</p>	<p>Meal Hours: Thursdays & Fridays Breakfast: 9:30AM – 11:00AM Lunch: 12:30PM – 2:00PM *Food pantry open all day on Friday for families (by appointment only).</p>

<p>5n2 Food for All</p> <p>Location: 2050 Ellesmere Rd, Unit 4/5B, Scarborough ON M1H 3A9 (Markham Rd & Ellesmere Rd)</p>	<p>5n2 Kitchen Number: (416) 551-0910</p> <p>5n2 Food Pantry Number: (416) 546-0960</p> <p>Email: info@5n2.ca</p> <p>Website: https://www.5n2.ca</p>	<p>5n2 Meals2U Program: Free food delivery service that provides fresh, healthy and warm meals to people’s doorsteps. This program will run for the duration of the pandemic. To register, visit the website at https://5n2.ca/meals2u and click on “Request Now”. Clients who cannot access the website can call and speak with a staff member who will fill out a form on their behalf. * Vegetarian and non-vegetarian options available * menu depends on what rescued food is available to the kitchen.</p> <p>5n2 Food Pantry: provides free food supplies to community members who are in need of additional support. Supplies include a variety of non-perishable and perishable items. * Available to clients through agency referrals</p>	<p>Residency Requirements: Scarborough (South of Finch Ave E, West of Port Union Rd, North of Danforth Ave, and East of Hwy 404/DVP)</p> <p>Food Pantry: Please register with an agency to receive a referral. Agencies that are able to make a referral can be found on their website at https://5n2.ca/food-pantry</p>	<p>Meals2U Hours (Beginning in April 2022): Tuesdays and Thursdays from 12:00PM – 2:00PM.</p> <p>Food Pantry Hours: Wednesdays and Thursdays from 11:00AM – 2:00PM</p> <p>COVID Guidelines:</p> <ul style="list-style-type: none"> - Please wear a face and arrive on time for your scheduled appointment. If you have not arrived within 5 minutes of your appointment time, it will be cancelled. - Please call if you are running late. - You may only take a maximum of two of each item - Each recipient is limited to a 15 minute time slot per week. - check the best before date before consuming any items they receive from the pantry.
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NOTICE: For additional services not listed, please visit 211 Central (<https://211central.ca>) for more information.



**Organizations Giving Away In-Kind Donations
(I.e., Clothing, Furniture, Food, etc.)**

AGENCY	CONTACT	ITEMS	ELIGIBILITY	EXTRA INFO.
<p>Oasis Dufferin Community Centre</p> <p>Location: 1219 Dufferin St, Toronto, ON M6H 4C2 (Dufferin St & Dupont St)</p>	<p>Number: (416) 536-4431</p> <p>Email: info@oasisdufferin.org</p> <p>Website: www.oasisdufferin.org</p>	<p>Food Bank: 2 to 3 days worth of shelf stable food (canned and dry foods), fresh produce (fruits and vegetables) and milk and other protein products (milk, eggs and meat).</p> <p>Community Dinner: Freshly made healthy take-out dinner is available to community members every Tuesday night from 5:30PM to 6:00PM.</p>	<p>Must be registered with dailybread.link2feed.ca and bring the Client ID Number that you will get at the end of the online registration</p> <p>At initial intake assessment discussion, income and address information, and identification for household members, may be requested.</p> <p>* Please bring proof of your address</p>	<p>Food Bank Hours: Wednesdays 9:30AM – 12:30PM Lineup is on Hallam Street, food is given on Dufferin Street</p> <p>Community Dinner: Tuesdays 5:30PM – 6:00PM</p> <p>Please lineup on Dufferin Street. *Takeout only; 1 serving per person; you must attend to receive a dinner.</p> <p>*COVID UPDATE – Limited access to building, no washroom access</p>

<p>New Circles</p> <p>Location: 161 Bartley Drive Toronto, ON M4A 1E6 (Victoria Park Ave & Eglinton Ave E)</p>	<p>General Number: (416) 422-2591 ext. 200</p> <p>Email: info@newcircles.ca</p> <p>Website: www.newcircles.ca</p>	<p>GLOW (Gently Loved Outfits to Wear) is a free service that provides quality clothing to help those with limited income, meet their clothing need. Stocks items for men, women and children, including specialty items such as maternity wear and plus sizes.</p> <p>Settlement Support Program: offers personalized information, referrals, workshops, and other supports (i.e., help finding housing, childcare, or employment) to service users.</p>	<p>GLOW is available to low-income residents of Cedar Ridge, Heron Park, Keelestdale Eglinton West, Thorncliffe Park, Flemingdon Park, Victoria Village, Taylor-Massey, and Oakridge in the following postal codes: M1E, M1G, M1K, M1L, M2J, M3A, M3B, M3C, M4A, M4B, M4C, M4G, M4H and M6N</p> <p>Settlement Support Program: Eligible participants must be an immigrant to Canada (convention refugee, refugee claimant, permanent resident, naturalized Canadian, international student, temporary foreign worker, or approved Ontario Provincial Nominee) and currently residing within Toronto.</p>	<p>If you live in one of the eligible postal codes and are living on a low income, call (416) 422-2591 or email info@newcircles.ca to book your first appointment.</p> <p>Bring proof of address, identification for each family member you wish to shop for, and proof of income.</p> <p>*Please note: all clients visiting New Circles must be fully vaccinated against COVID-19</p>
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<p>Christie Ossington Neighbourhood Centre Drop-in</p> <p>Location: 854 Bloor St W, Toronto, ON M6G 1M2 (Bloor St W & Shaw St)</p>	<p>Number: (416) 792-8941</p> <p>Email: info@conc.ca</p> <p>Website: www.conccommunity.org</p>	<p>Food Access Program: Bagged lunch provided daily to participants.</p> <p>Drop-In participants are assisted with literacy and financial literacy support.</p> <p>Various programs for children are also available.</p> <p>Shelter and housing services are offered at multiple locations around Toronto.</p>	<p>Food Access Program is open to everyone.</p> <p>Programs mostly serve those with low-to-no income on ODSP, or OW, and/or are unemployed</p>	<p>Drop-In & Food Access Hours: Monday–Friday 10:00AM – 1:00PM</p> <p>COVID screening is done for anyone entering the location</p>
<p>Sistering</p> <p>Location: 24/7 Drop-In 962 Bloor St W, Toronto ON M6H 1L6 (Bloor St W & Dovercourt Rd)</p> <p>Parkdale Location 220 Cowan Ave, Toronto, ON M6K 2N6 (Cowan Ave & Queen St W)</p>	<p>962 Bloor Number: (416) 926-1946 or (647) 933-0710</p> <p>Email: general_info@sistering.org</p> <p>Website: www.sistering.org</p> <p>Parkdale Number: (416) 588-3939</p> <p>Email: outreach@sistering.org</p>	<p>Programs and Services:</p> <ul style="list-style-type: none"> • Clothing and footwear • Showers and laundry facilities, • Employment and income support program, • Telephones, internet access and mailing address • Lunchtime takeaway meals • Harm reduction supplies • Medical clinic (on-site and virtual) 	<p>For women and trans-identified people.</p> <p>All referrals for respite are done through the City of Toronto’s Central Intake Line: 1-877-338-3398</p>	<p>*COVID UPDATE – 962 Bloor St: Take-away lunch: 12:00PM–1:30PM every day at main entrance</p> <p>Harm Reduction: Supplies available from 10:00AM – 4:00PM.</p> <p>*The 24/7 Drop In is pet friendly</p> <p>Parkdale Hours: Monday–Friday from 9:30AM – 1:30PM</p>

AGENCY	CONTACT	ITEMS	ELIGIBILITY	EXTRA INFO.
<p>Yonge Street Mission</p> <p>Location: Davis Centre 270 Gerrard St E, Toronto, ON M5A 2G4 (Gerrard St & Parliament St)</p> <p>Evergreen Centre 365 Spadina Ave., Toronto, ON M5T 2G3 (Spadina Ave & College St)</p> <p>Double Take Thrift Store 310 Gerrard St. E., Toronto, ON M5A 2G7 (Gerrard St & Parliament St)</p>	<p>General Number: 1 (800) 416-5111</p> <p>Food Bank Number: (416) 929-9614 ext. 3200</p> <p>Evergreen Centre Number: (416) 929-9614 ext. 2200</p> <p>Thrift Store Number: (416) 925-7198</p> <p>Email: Info@ysm.ca</p> <p>Website: www.ysm.ca www.ysm.ca/get-help/employment-services/double-take/</p>	<p>Food Bank: Food Bags are available by family size, once every 2 weeks by appointment only.</p> <p>Meals for Adults (18+): From September through June.</p> <p>Drop-In Meals for Youth (16-24): Available at the Evergreen Centre location.</p> <p>Double Take Thrift Store: Offers affordable clothing and household items to the community. All profits from Double Take sales go toward YSM services and programming. The store serves as an employment and training initiative for community members who are seeking Canadian work experience or have obstacles to regular employment.</p>	<p>To qualify for YSM's Food Bank, you must live within the catchment area which is south of Bloor St., east of Yonge St. and west of Don Valley Parkway</p> <p>Please register to make an appointment with reception by phone: (416) 929 9614 ext. 3200</p> <p>Please bring: -Photo ID for you and anyone whom you live with that you want to include on your profile -Documentation of your most recent monthly income -Proof of address You will be able to access the food bank during your registration appointment.</p>	<p>Food Bank Hours (by appointment): Tuesday–Friday, 10:00AM – 12:00PM, 1:00PM – 3:00PM</p> <p>Meals for Adults: Tuesdays & Thursdays, 4:00PM – 5:00PM</p> <p>Drop-In Meals for Youth: -Meals served inside from 12:00PM – 3:00PM -Coffee, snacks and bottled water available from 12:00PM – 4:30PM daily</p> <p>Double Take Thrift Store Hours: Monday–Saturday, 11:00AM – 7:00PM</p> <p>*Masks are required when in store</p>

<p>East End United Church</p> <p>Location: Eastminster Campus 310 Danforth Ave, Toronto ON M4K 1N6 (Danforth Ave & Jackman Ave)</p> <p>Glen Rhodes Campus 1470 Gerrard St E, Toronto ON M4L 2A3 (Gerrard St E & Rhodes Ave)</p>	<p>Main Number: (416) 461-7797</p> <p>Glen Rhodes Campus Number: (416) 465-3755</p> <p>Email: office@eastendunited.ca</p> <p>Website: www.eastendunited.ca/ou-t-of-the-cold</p>	<p>Food Bank (Glen Rhodes Campus): *COVID UPDATES – -Admitting only 10 clients at a time -pre-packaged food in the place of lunch -increased sterilization of the space -mandatory hand sanitizing before entering the building If people are sick but still need food, Food Bank volunteers will serve them outside of the building.</p> <p>Community Dinner: All Community Dinners are cancelled until further notice. Please call for updates.</p>	<p>Residency requirements: City of Toronto</p>	<p>Food Bank Hours: Wednesday 9:00AM – 11:30AM, 2:00PM – 4:00PM * Users of the foodbank are asked to bring ID in order to participate in this program</p>
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<p>Furniture Bank</p> <p>Location: 25 Connell Court, Unit 1, Etobicoke ON M8Z 1E8 (Kipling Ave & Evans Ave)</p>	<p>Number: (416) 934-1229</p> <p>Email: info@furniturebank.org</p> <p>Website: www.furniturebank.org</p>	<p>Furniture Bank: Collects and distributes gently used furniture and household items</p>	<p>Formerly homeless individuals, women and children fleeing an abusive situation, newcomer families and refugees, or people affected by poverty</p> <p>You must be referred by one of their agency partners.</p>	<p>*Cannot make an appointment directly with Furniture Bank.</p> <p>Service Area: Toronto, Durham, Halton, Peel, York</p>
<p>Dress for Success</p> <p>Location: 5150 Yonge St, Concourse Level Toronto ON M2N 6L8</p>	<p>Number: (416) 901-6022</p> <p>Email: info@dressforsuccesstor onto.org</p> <p>Website: www.toronto.dressforsuccess.org</p>	<p>Suiting program: Provides professional attire and styling advice to women who are actively trying to re- enter the workforce.</p>	<p>\$40 agency fee</p> <p>Referral from a non- profit organization required. Click the following link to see a list of partner agencies. (Referral Agencies)</p>	<p>*COVID UPDATE – Limited in-person suiting appointments. Clients are encouraged to book virtual appointments. Contact info@dressforsuccesstor onto.org to book an appointment.</p>
<p>Toronto Alliance Church</p> <p>Location: 602 Queen St W 2nd Floor, Toronto ON M6J 1E3 (Bathurst St & Queen St W)</p>	<p>Number: (416) 703-8211</p> <p>Email: office@torontoalliancech urch.ca</p> <p>Website: www.torontoalliancechurch.ca</p>	<p>Food Bank, Clothing Room, and Community Night Meal programs all open and available</p>	<p>Open to all</p>	<p>Food Bank & Clothing Room Hours: Tuesday–Friday, 10:00AM – 2:00PM</p> <p>Community Night Meals: Saturday 3:00PM – 6:00PM</p> <p>*Only handed out at front door of 602 Queen St W</p>

<p>Scott Mission</p> <p>Location: 502 Spadina Ave, Toronto, ON M5S 2H1 (College St & Spadina Ave)</p> <p>1550 O'Connor Dr, Toronto, ON M4B 2V3 (Bermondsey Rd & O'Conner Dr)</p>	<p>General Number: (416) 923-8872</p> <p>Welcome Centre Meals & Shelter Number: (416) 923-8872 ext. 232</p> <p>Food Bank & Free Clothing Store: (416) 923-3916</p> <p>Email: info@scottmission.com</p> <p>Website: www.scottmission.com/get-help/</p>	<p>Meals and Shelter: Fresh, hot meals, daytime bag lunches, and overnight bag lunches all offered at the Welcome Centre</p> <p>Food and Clothing Bank: Helps individuals and families to obtain groceries and clothing at no cost for families in need</p> <p>Washroom/Shower/Laundry services available and managed by staff</p> <p>Also available: Rehab referral, guest phone for local calls, income tax clinic, housing application and alternative housing, informal counselling and case management services, TTC tokens for verified medical appointments. Please visit https://www.scottmission.com/programs/mens-ministry/ for more information</p>	<p>Residency requirements: City of Toronto</p> <p>Age requirements: 20 years and up</p> <p>- For women and/or families with low- income</p>	<p>*COVID UPDATE – 502 Spadina Ave:</p> <p>Hot Meal Hours: Monday–Saturday from 10:00AM – 12:00PM at the laneway window at the south of the building</p> <p>Food Bank Hours: Monday–Friday from 9:00AM – 11:45AM, and 1:00PM – 3:00PM *Closed Wednesday afternoons</p> <p>Clothing Distribution: Please call (416) 923- 3916 to make an appointment</p> <p>1550 O'Connor Dr:</p> <p>Food Bank Hours: Tuesdays from 9:00AM – 12:00PM</p>
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<p>The 519</p> <p>Location: 519 Church St, Toronto, ON M4Y 2C9 (Church St, north of Wellesley St E)</p>	<p>Number: (416) 392-6874</p> <p>Email: Info@The519.org</p> <p>Website: https://www.the519.org/</p>	<p>Meal Trans: Drop-in program where lower-income, street-active, homeless and sex-working Two-Spirit, trans women, trans men, non-binary, genderqueer, and questioning people can share a hot meal, connect with friends, and access support.</p> <p>Access to Clothing: provides community members with access to clothing on an as-needed basis)</p> <p>Sunday Drop-In: Warm meal and a range of services and community- driven programming. 2SLGBTQ+ specific resources and referrals are made available to drop-in participants each Sunday.</p>	<p>Open to all</p>	<p>Sunday Drop-In Hours: 10:30AM – 1:00PM</p> <p>Takeaway meal service: 1:00PM – 2:00PM</p> <p>For information on Access to Clothing Program, email Carl at CKannegiesser@The519.org</p> <p>*COVID UPDATE – Meal Trans is currently operating socially distanced drop-ins during the COVID-19 pandemic to ensure community members maintain access to peer support, food security, harm reduction, and other life-saving supports.</p>
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NOTICE: For additional services not listed, please visit 211 Central (<https://211central.ca>) for more information.

