

## Vision



Embracing diversity and empowering women for brighter, independent futures

## PROGRAMS AND SERVICES

### Scarborough Women's Centre

**Address:** 2100 Ellesmere Rd, Suite 245, Scarborough, M1H 3B7

(Markham Rd & Ellesmere Rd)

**Phone:** (416) 439-7111 ext. 107

**Email:** [outreach@scarboroughwomenscentre.ca](mailto:outreach@scarboroughwomenscentre.ca)

**Website:** [www.scarboroughwomenscentre.ca](http://www.scarboroughwomenscentre.ca)

Offers workshops, webinars and tools to enhance financial literacy and independence. Provides information referral and employment resources. For more programs and services, please visit the website.

### ACSA – Financial Empowerment and Problem Solving (FEPS)

**Address:** 100-4155 Sheppard Ave. E, Scarborough M1S 1T4 (Midland Ave & Sheppard Ave. E)

**Phone:** (416) 321-6912 ext. 238

**Email:** [acsatax@agincourtcommunityservices.com](mailto:acsatax@agincourtcommunityservices.com)

**Website:** [www.agincourtcommunityservices.com/feps](http://www.agincourtcommunityservices.com/feps)

Provides financial education, advocacy and problem-solving services to people living on a low income. Also provides workshops with the goal of increasing participants' financial knowledge.

### Credit Canada Debt Solutions – Scarborough

**Address:** 55 Town Centre Crt, Suite 630, Scarborough, M1P 4X4

(McCowan Rd & Progress Ave)

**Phone:** (647) 427-8478

**Email:** [info@creditcanada.com](mailto:info@creditcanada.com)

**Website:** [www.creditcanada.com/contact-us/credit-canada-scarborough-office](http://www.creditcanada.com/contact-us/credit-canada-scarborough-office)

Credit Canada provides free non-profit credit counselling and debt consolidation in Scarborough and east Toronto.

### Wood Green Community Services – Financial Empowerment

**Address:** 815 Danforth Ave, Toronto M4J 1L2 (Danforth Ave & Greenwood Ave)

**Phone:** (416) 645-6000 ext. 1330

**Email:** [fe@woodgreen.org](mailto:fe@woodgreen.org)

**Website:**

[www.woodgreen.org/services/financial-empowerment](http://www.woodgreen.org/services/financial-empowerment)

Free counselling for low-income clients, including those with trouble accessing government benefits and/or banking services, money management issues or general financial questions. Programs provided year-round.



SCARBOROUGH  
WOMEN'S CENTRE

## Financial Empowerment for Women



2100 Ellesmere Rd, Suite 245,  
Scarborough, Ontario M1H 3B7

Phone: (416) 439-7111 ext. 107

[outreach@scarboroughwomenscentre.ca](mailto:outreach@scarboroughwomenscentre.ca)

[www.scarboroughwomenscentre.ca](http://www.scarboroughwomenscentre.ca)

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## Consolidated Credit Canada

**Address:** 505 Consumers Road, Suite 400,  
Toronto M2J 4V8 (Victoria Park Ave & Hwy 401)

**Phone:** (844) 609-9625

**Email:** Toronto@consolidatedcredit.ca

**Website:**

[www.consolidatedcreditcanada.ca/locations/ontario/toronto](http://www.consolidatedcreditcanada.ca/locations/ontario/toronto)

Provides free credit counselling services in Toronto to help distressed consumers find solutions for credit card debt. Help with enrolling in debt management program to consolidate debts.

## ACCES Scarborough

**Address:** 2100 Ellesmere Road, Suite 250  
Scarborough M1H 3B7

(Markham Rd & Ellesmere Rd)

**Phone:** (416) 431-5326

**Email:** info@accesemployment.ca

**Website:** [www.accesemployment.ca/learn-about-us/talk-to-us/scarborough](http://www.accesemployment.ca/learn-about-us/talk-to-us/scarborough)

Holds a range of free programs and workshops to empower women to succeed in their careers. Helps women and newcomer women prepare to open a business.



## SAFETY PLANNING



- Do not give your financial information such as PIN number, Credit Card number, or Social Insurance Number (SIN) to anyone in person or over the phone or email.
- Check that a website has "https" and a padlock icon in front of the website for a more secure connection and to avoid having any personal info stolen when making a purchase.
- Create a bank account that only you have access to, and create a "rainy day" fund to protect yourself against unexpected circumstances and to avoid debt.
- Beware of calls and emails where you are asked for personal information such as your name, address, and birthdate.
- Beware of scams where someone you know is in trouble and needs money; when in doubt, contact that person directly.
- The Canada Revenue Agency will never:
  - ask for personal or financial information by email or text
  - ask or send you a link to click on
  - threaten to arrest you

## KNOW THE SIGNS

Have you been subjected to financial abuse?

**Financial abuse** is when someone controls how and when you access money and other financial resources. This includes: money that has been inherited but stolen through a joint account, taking your pay checks and giving you "allowance", or making you beg for money.

Remember, financial abuse is a violation of your rights. It is not your fault, and you can get help. Know your financial situation such as assets and liabilities. The programs mentioned here can help you with that.



For further assistance call The Victim Support Line at 1-888-579-2888 or (416) 314-2447

Or you can call Ontario Victims of Crime toll-free at 1-877-435-7661