

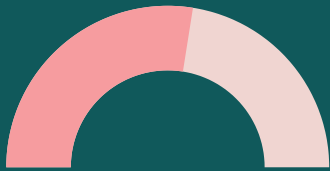
STATISTICS



81% of all sexual assault victims under the age of 18 are young women.



Between the ages of 9 and 13, girls become less confident and are more likely to say they are feeling depressed.



55% of 15-year-old girls in Canada report feeling stressed about school and grades.



CONTACT US



BUILDING STRONG FUTURE: YOUNG WOMEN'S OUTREACH



@BUILDINGSTRONGFUTURES



WWW.SCARBOROUGH WOMENSCENTRE.CA/ YOUNG-WOMEN



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THANK YOU TO OUR FUNDERS:



MACKENZIE Investments



BUILDING - STRONG - FUTURES

Young Women's Outreach



SCARBOROUGH WOMEN'S CENTRE
Scarborough Women's Centre
2100 Ellesmere Road, Suite 245
Scarborough, Ontario M1H 3B7

ABOUT US



Building Strong Futures: Young Women's Outreach Program is a unique community resource offered at Scarborough Women's Centre to meet the needs of Young Women aged 13-19.

We partner with youth-serving community agencies and schools in Scarborough to facilitate our programs and workshops.

OUR MISSION

Our mission is to empower and assist young women to prepare for their future and encourage them to make positive choices in their lives.



LEADERSHIP DEVELOPMENT PROGRAM

IN HONOUR OF BIANCA SICOLI

To help increase awareness on young women's issues, Building Strong Futures offers a Young Women's Leadership Development Program where young women volunteer their time to become "ambassadors" in their communities. Participants attend training to learn the essential leadership, outreach tools and life skills such as conflict resolution, allyship, active listening, and feminism; while working on a creative community project.

WORKSHOPS

The Building Strong Futures: Young Women's Outreach Program provides safe, judgement-free Workshops/Webinars for young women to learn about and explore various topics such as:

- Positive Self-Esteem
- Healthy Relationships
- Body Image
- Mental Health and Self-Care
- Goal Setting & Future Planning
- Sexual Harassment
- Healthy Eating & Active Living

Learn more and register at:
www.scarboroughwomenscentre.ca/young-women

